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I am pleased to introduce a treasure valued throughout the world, an heirloom that has been in the safekeeping of my Japanese ancestors for years -- Green Tea.

Green Tea first arrived in Japan 800 years ago from China as an herbal medicine, so precious that you had to be sick before it could pass your lips. Yet over the last two centuries it has become so available as a social beverage that we tend to overlook its real value. During the last half century, at a time when foods based on animal products, dairy products, and synthetic chemicals had become widespread, data began to emerge that organically cultivated Green Tea acted to neutralize the harm of dietary excess.

How refreshing to learn of a pioneering "back to the fountainhead" project undertaken by the Miwa Company (Inc.) to revive the herbal medicinal potential of Green Tea and offer us a conscientiously cultivated organic product.

Miwa's approach, which confirms to the macrobiotic sensibility that is the basis of traditional Japanese cuisine and diet, provides a marvelous tea that will delight thoughtful people everywhere. Tea leaves cultivated by organic methods can be used safely and with peace of mind.

Therefore, I recommend Miwa products, in the hope that they will foster the health of the planet and bring a measure of tranquility to our world.

One Peaceful World!

Michio Kushi

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